



REQUIREMENTS FOR OFF-LINE PHYSICAL EDUCATION

5058 S Price Road | Tempe, AZ 85282
P: 480.838.1322 or 888.573.4322 | F: 480.838.1522
lavainfo@leonagroup.com | www.lavavirtual.com

REQUIREMENTS FOR ½ CREDIT

LAVA allows students to earn credit for Physical Education by participating in a variety of off-line physical education activities. A maximum of 2.0 credits can be earned toward the elective requirement for graduation. Students earn a credit at a rate of 1/2 credit for every 123 hours documented if ALL of the following conditions are met for each request:

1. Participating students and their respective parent/guardian understand that Physical Education is *not a required course by LAVA* for graduation and this is an *optional program* provided by LAVA as a service to its student body.
2. The student and the parent/guardian understand that LAVA *accepts no responsibility* for costs and/or risk associated with qualifying activities. All costs and risks are the responsibility of the participant and the parent.
3. The student must be enrolled full-time at LAVA taking a minimum of 2 courses.
4. The student must meet the attendance minimum of 25 hours a week for the 9 week period of the request. (This can be an average of the 9 week period) and must complete the two courses they are taking within the 9 week period of the request and pass them with a C or better.
5. Qualifying hours must occur during the 9 week period of the request. Hours may accrue over 18 weeks if desired (in that case, student must complete a total of 4 courses with a grade of C or better *and* an attendance average of at least 25 hours a week for 18 weeks).
6. Qualifying Activities:
 - a. Participation in an athletic league (baseball, soccer, basketball, football, bowling, etc). ALL costs and risks associated with this activity belong solely to the legal guardian and the student.
 - b. Participation in organized classes at a fitness center. ALL costs and risks associated with this activity belong solely to the legal guardian and the student.
 - c. Working out or otherwise exercising in a fitness center.

CONTINUED . . .

7. Student must attach a 2 page original report (double spaced, 12 pt font, 1 inch margins) in which they discuss the health benefits obtain by regular exercise OR a paper discussing the proper nutrition as established by exercise physiologists required to participate in the selected activity.
8. Acceptable forms of documentation for qualifying hours can include:
 - a. team practice and game records as verified and signed by the coach - coach must provide a valid phone number and name for the school to contact
 - b. membership records from a fitness center detailing the dates start and end times of every qualifying event
 - c. an affidavit signed by a member of the fitness center staff detailing the dates, start and end times for every qualifying event - the staff member must provide us a valid phone number and a name for the school to contact



PHYSICAL EDUCATION CREDIT APPLICATION

5058 S Price Road | Tempe, AZ 85282
P: 480.838.1322 or 888.573.4322 | F: 480.838.1522
lavainfo@leonagroup.com | www.lavavirtual.com

STUDENT INFORMATION

Name:		Date:	
First day of the 9 week requirement		Last day of the 9 week requirement	

CHECKLIST

- Be sure you met the attendance minimums and grade requirements
- Attach the 2 page paper as required (see requirement 7)
- Complete the hours log & attach required documentation
- Sign the policy acceptance (both student and parent/guardian - students 18 years and older only need on signature)

PE FOR CREDIT POLICY ACCEPTANCE

I have read the requirements for Physical Education Credit as provided by LAVA. I understand that credit will only be granted by LAVA if all of the conditions required for credit are satisfactorily met. I also understand that this program is being offered as a service to students and is entirely voluntary. I also understand that I take full responsibility for all physical/health risks as well as any costs associated with the physical activities that my student participated in.

Student Signature: _____

Date: _____

Parent Signature: _____

Date: _____

VERIFICATION OF HOURS

List all Qualifying Hours Below			For Office Use ONLY		
Date	Start & End Times	Total Hours	Initials	Date	
					<input type="checkbox"/> 123 hours completed <input type="checkbox"/> Dates within the 9 week term <input type="checkbox"/> Full-time student <input type="checkbox"/> Finished at least 2 classes within 9 week period <input type="checkbox"/> Passed ALL classes with C or better <input type="checkbox"/> Completed written assignment <input type="checkbox"/> Credit added to student's transcript Date Completed: _____ Signature: _____
Total Hours					
Must be greater than or equal to 123 Hours					